

UBF Diary

April 2018

The Secret of Success

April 7, Bhopal: Dr Raghu Ram was the chief guest at the graduation ceremony of the 2012 graduation batch held at the Gandhi Medical College (GMC), Bhopal. Established in 1955, GMC is one of the oldest and prestigious medical schools in MP.

In his speech, the doctor highlighted the relevance of an important component of the Hippocratic Oath 'to keep the good of the patient as the highest priority', and emphasised the importance of communication skills in medicine. He also shared the core principles that have shaped his life so far and what he would define as "success". The budding doctors were advised to never forget their parents and teachers, and equally, to work hard, to think out-of-the-box, serve the needy and above all, to remain grounded at all times.



Look After Your Mom!



April 21, Hyderabad: Dr Raghu Ram was invited to participate along with Pinky Roshan, the mother of Bollywood star Hrithik Roshan, and other prominent people from all walks of life, in a panel discussion at the launch of the Million Moms community, to discuss what motivates moms to take care of their health and fitness.

Dr Raghu Ram shared his story with the audience—the turning point in his life when his mother was diagnosed with breast cancer and his decision to relocate to India to look after his mother. His poignant message: 'Look after your mom, treasure her and value her. In turn, you will be blessed!'

A Round for Cancer Conquerors at Mrs India Telangana

April 22, Hyderabad: Dr Raghu Ram was the chief guest at the Mrs India Telangana Pageant 2018. The winner will represent Telangana at the Mrs India National Pageant 2018 later this year. The event was organised by Mamata Trivedi (Mrs India 2017, Mrs Asia International 2018 and the regional director for Mrs India Telangana Pageant 2018).

With one million new cases diagnosed every year, India accounts for the third highest number of cancer cases among women after China and the USA. Due to lack of awareness and absence of a screening programme, more than 70 per cent are diagnosed in advanced stages. As part of a strategy to increase awareness about cancer in women, Dr Raghu Ram suggested to the organisers to include a round for cancer 'conquerors' in the Pageant.



Guest speaker at the National Judicial Academy



June 6, Bhopal: Dr Raghu Ram was the guest speaker at the National Judicial Academy, Bhopal. The Academy imparts training to judges from all over India. In his speech, the doctor empowered the staff on different breast health issues and spread the message about the importance of early detection.

Celebrating 70 years of NHS

July 6, Hyderabad: One third of the doctors, employed at the National Health Service in the UK, are of Indian origin. They are the backbone of the world's largest integrated health system. The British Deputy High Commission, Hyderabad & KIMS Hospitals hosted a quintessential British evening reception to celebrate the 70th anniversary of the UK's National Health Service (NHS). The NHS is the world's largest integrated health system, which provides universal healthcare, free to all qualifying UK residents. It treats over one million patients every 36 hours and performs over six million procedures per year.



In his address, Andrew Fleming, British Deputy High Commissioner, Hyderabad, said: "As we celebrate the NHS' 70th anniversary, this is a chance to reflect on the extraordinary contribution of Indian medical professionals to the NHS over seven decades and the close links that exist between our two healthcare systems. It is also an opportunity to celebrate future collaboration. The UK has developed some of the most innovative healthcare services and systems in the world. We want to work with close partners such as India in order to combine our respective expertise, jointly deal with new challenges and changing healthcare needs and embrace opportunities presented by the development of new technology."

There are many, personal examples of the close links that exist between the UK and Indian healthcare systems, including in Hyderabad itself. One example is Padma Shri awardee Dr P Raghu Ram, recipient of the Dr B C Roy national award. Having obtained higher specialist training at some of the world-renowned centres of excellence in the UK, Dr P Raghu Ram and his wife Dr Vyjayanthi, relocated to India in 2007. He has since established south Asia's first stand-alone breast healthcare centre at KIMS Hospital. Dr Vyjayanthi heads the KIMS Fertility Centre—the largest fertility centre in Telangana and Andhra Pradesh.

Dr P Raghu Ram, director, KIMS-USHALAKSHMI Centre for Breast Diseases, who organised the event said: "Vyjayanthi and I are very fortunate to have been able to train in the NHS, and equally, grateful to the Board of Directors at KIMS Hospitals for giving us an opportunity to incorporate and exemplify the best of British practices into our sphere of work over the past decade. On this very happy occasion, celebrating 70 glorious years of the NHS, we extend our heartfelt best wishes to the thousands of dedicated staff working in one of the most trusted and renowned public health services in the world."