

UBF Diary

July 2018

Symposium in Surgical Training in the UK



In his capacity as the Convenor, International Affairs for the Association of Surgeons of India, Dr Raghu Ram organised a symposium on surgical training opportunities in the UK, in association with the Royal College of Surgeons of Edinburgh—the oldest surgical college in the world. Prof Michael Lavelle-Jones, president; Prof Graham Layer, vice-president and Prof John Duncan, vice-president participated in the symposium along with Dr Santhosh John Abraham, director, Surgical Studies, ASI and Dr PV Ramana Murthy, National Executive Committee member of ASI from Vijayawada.

More than 350 surgical trainees from Andhra Pradesh, Telangana, Orissa and Chhattisgarh attended this symposium, which was held at Vijayawada in July, during the Regional Refresher Course organised by the Association of Surgeons of India.

August 2018

A Deserving Felicitation

Dr Raghu Ram, who was a recipient of the Dr BC Roy National award for the year 2016, which is the highest recognition awarded for a doctor practising in India, was felicitated in Hyderabad by Lions International.



September 2018

Breast Cancer: Not a Taboo Topic Anymore

Dr Raghu Ram delivered the prestigious 'Dr AK Chary Memorial Oration' in Hyderabad on September 15 at the Fourth Annual Conference of the Telangana State Chapter of the Association of Surgeons of India, held at Shadan Medical College. Dr AK Chary was a renowned surgeon from the Telugu States and a doyen in the field of surgery in Telangana.

In his oration, Dr Raghu Ram spoke on breast cancer advocacy and the transformational initiatives championed by the Ushalakshmi Breast Cancer Foundation over the past decade. And he brought to the fore the point how breast cancer



has been converted from a taboo—a closet issue—to a commonly discussed subject. In the process, the Foundation has created awareness about early detection impacting and saving many lives. He also outlined the Foundation’s population-based breast cancer screening programme, the largest in south Asia, which had successfully reached out to 200,000 under-privileged women across 4,000 villages in Telangana and AP. The next speaker, Dr Vijay Kumar, Vice-Chancellor of Yenepoya University (Mangalore) in his talk complimented Dr Raghu Ram’s work.

Dr PV Chalapathi Rao Award 2018 to the Best Outgoing MBBS Student in Surgery

Dr Raghu Ram and his family set up a corpus fund two years ago and the interest generated is used to award the best outgoing student in surgery at Osmania College and Gandhi Medical College. The two colleges were chosen as Dr Chalapathi Rao served in both these institutions as professor of surgery for 16 years from 1967-1983.

Instead of a routine medal, the family felt the awardee should be presented with a useful gift. The awardee was presented with a laptop at a glittering, annual day function organised by Gandhi Medical College Alumni Association at Gandhi Medical College on September 24.



Doctor Talks



Dr Raghu Ram was invited as guest speaker to multiple surgical meetings held in many parts of India—Varanasi, Cuttack, Bhubaneswar, Thekkedy (Tamil Nadu), Lucknow, Nasik, Aurangabad, Nagpur and Kadappa (formerly Cuddapah).

October 2018

Hyderabadis Walk the Breast Cancer Talk

PV Sindhu and Bhavani, a 70-year-old visually challenged, breast cancer survivor flag off the tenth edition of the Pink Ribbon Walk. Thousands of people from all walks of life including breast cancer ‘conquerors’ and their families participated in the event

The slogan ‘Does your heart beat for early detection of breast cancer’ resonated with Hyderabadis as thousands participated in the tenth edition of the 2K PINK RIBBON WALK organised by Ushalakshmi Breast Cancer Foundation (UBF) & KIMS-Ushalakshmi Centre for Breast Diseases on Sunday, September 30, 2018 at KBR Park, Hyderabad. The event was flagged off by the chief guest, renowned badminton player—PV Sindhu, and Bhavani, a blind 70-year-old cancer survivor.

People from all walks of life, breast cancer ‘conquerors’ and their families, a huge contingent of blind students and students from Old City, army personnel, diplomats and well-known faces of the city participated, expressing solidarity with the Pink Ribbon Campaign.

The aim of the PINK RIBBON WALK 2018 is to create awareness about the importance of early detection of breast cancer, salute survivors in their fight against breast cancer, and equally, spread the message of hope, courage and survival in the fight against breast cancer.





Dr Ushalakshmi (Founder Chairman, Ushalakshmi Breast Cancer Foundation), Mr K Padmanabhaiah (Chairman, ASCI), Mr Faisal Uddin (Senior Vice-President, Synchrony, principal partner for Pink Ribbon Walk), Mr Andrew Fleming, British Deputy High Commissioner, Mr Ramesh Prasad (Chairman, LV Prasad group) and a host of other celebrities took part. PV Sindhu paid rich compliments to Dr Raghu Ram and the innovative initiatives championed by Ushalakshmi Breast Cancer Foundation to ensure early detection and save lives in the Telugu States.

In her speech, Bhavani highlighted effective counseling, excellent surgical skills, good post-operative care and support from family as factors, which helped her to conquer breast cancer. She had travelled all the way from Kakinada to tell her story and spread the positive message of hope and courage to people fighting breast cancer. Dr P Raghu Ram said, "To win the war on breast cancer, all women should get an annual screening mammogram done from the age of 40."



For the eight consecutive year, Hyderabad became the only city in the Asia-Pacific region, to have its monuments and historic buildings turn PINK this October, to create awareness about early detection of breast cancer